

**Prodi Kebidanan Program Sarjana Dan Prodi Pendidikan Profesi Program
Profesi STIKes MERCUBAKTIJAYA Padang
Padang, 14 Agustus 2023
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**Faktor-Faktor Yang Berhubungan Dengan Penggunaan Keluarga Berencana
(KB) Pasca Persalinan Di Wilayah Kerja Puskesmas Dadok Tunggul Hitam
Padang**

xiii + 158 Halaman + 10 Tabel + 2 Gambar + 13 Lampiran

ABSTRAK

Data profil kesehatan tahun 2021 Indonesia adalah negara terpadat keempat didunia dengan jumlah penduduk 273.879.750 jiwa. Untuk mengatasi masalah kependudukan dan menurunkan angka TFR (*Total Fertility Rate*) yaitu melalui pelayanan kontrasepsi dan pengaturan jarak kelahiran. Dari hasil data *New Siga* menunjukkan bahwa capaian KBPP masih sangat rendah yakni 15,8%. Berdasarkan laporan tahunan DKK kota Padang tahun 2021 tercatat 16.541 ibu nifas hanya 97 orang (18,9%) ibu nifas yang menggunakan KB pasca salin di wilayah kerja Puskesmas Dadok Tunggul Hitam. Tujuan penelitian ini untuk mengetahui faktor-faktor yang berhubungan dengan penggunaan KB Pasca Persalinan di wilayah kerja Puskesmas Dadok Tunggul Hitam Kota Padang.

Penelitian ini dilaksanakan di wilayah kerja Puskesmas Dadok Tunggul Hitam pada bulan Februari – Juni 2023 dengan pendekatan *cross sectional study*. Populasi penelitian adalah ibu pasca salin dengan jumlah sampel sebanyak 49 orang. Pengambilan sampel menggunakan teknik *total sampling*. Analisa data yang digunakan univariat dan bivariat dengan uji *Chi Square*.

Hasil penelitian didapatkan 77,6% ibu tidak menggunakan KBPP, 34,7% ibu dengan tingkat pengetahuan kurang, 55,1% ibu dengan sikap negatif dan 53,1% dukungan suami kurang. Hasil uji statistik untuk pengetahuan diperoleh nilai $p = 0,002$, sikap diperoleh nilai $p = 0,007$, dan dukungan suami diperoleh nilai $p = 0,001$, yang artinya H_0 diterima.

Kesimpulan bahwa terdapat hubungan antara tingkat pengetahuan, sikap dan dukungan suami terhadap penggunaan KB pasca persalinan di wilayah kerja Puskesmas Dadok Tunggul Hitam Kota Padang. Diharapkan ibu dan suami mendapatkan pendidikan kesehatan mengenai pentingnya penggunaan KB pasca persalinan dari pihak terkait, dan juga petugas kesehatan dapat meningkatkan perannya sebagai edukator, motivator dan advokator dalam penggunaan KB pasca persalinan.

Kata Kunci : Sikap, Dukungan Suami, KB Pasca Salin, Tingkat Pengetahuan.

Daftar Pustaka: 26 (2012-2022)

**Midwifery Study Program Undergraduate Program and Professional Education
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***Factors Associated with the Use of Postpartum Family Planning (KB) in the
Working Area of the Dadok Tunggul Hitam Health Center in Padang***

xiii + 158 Pages, 10 Tables, 2 Pictures, 13 Attachments

ABSTRACT

Health profile data for 2021 Indonesia is the fourth most populous country in the world with a population of 273,879,750 people. To overcome population problems and reduce the TFR (Total Fertility Rate) rate, namely through contraceptive services and birth spacing. From the results of New Siga's data, it shows that KBPP's achievements are still very low, namely 15.8%. Based on the DKK Padang city annual report in 2021, there were 16,541 postpartum mothers, only 97 people (18.9%) postpartum mothers using postpartum family planning in the working area of the Dadok Tunggul Hitam Health Center. The purpose of this study was to determine the factors associated with the use of postpartum family planning in the working area of the Dadok Tunggul Hitam Health Center, Padang City.

This research was carried out in the working area of the Dadok Tunggul Hitam Health Center from February to June 2023 using a cross sectional study approach. The study population was postpartum mothers with a total sample of 49 people. Sampling using total sampling technique. Data analysis used univariate and bivariate with Chi Square test

The results of the study found that 77.6% of mothers did not use KBPP, 34.7% of mothers with a lack of knowledge, 55.1% of mothers with a negative attitude and 53.1% of their husbands lack support. Statistical test results for knowledge obtained p value = 0.002, attitude obtained p value = 0.007, and husband's support obtained p value = 0.001, which means that H_a is accepted.

The conclusion is that there is a relationship between the level of knowledge, attitude and husband's support for the use of postpartum family planning in the working area of the Dadok Tunggul Hitam Health Center, Padang City. It is hoped that mothers and husbands will receive health education regarding the importance of using postpartum family planning from related parties, and also that health workers can increase their role as educators, motivators and advocates in the use of postpartum family planning.

Keywords: Attitude, Husband's Support, Postpartum Family Planning, Level of Knowledge.

Bibliography: 26 (2012-2022)