

PROGRAM STUDI PROFESI NERS

STIKes MERCUBAKTIJAYA PADANG

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Novria Wulansari, S.Kep

Analisis Asuhan Keperawatan Pada An.A Dengan Penyakit Tumor Wilms (*Nfroblastoma*) Yang Diberikan *Evidence Based Practice* Teknik Distraksi Bermain *Puzzle* Untuk Mengurangi Nyeri DiRuangan Anak Kronik RSUP Dr.M Djamil Padang

ix+ 83 Halaman + 1 Skema +11 Tabel +5 Lampiran

ABSTRAK

Menurut data WHO (2015), prevalensi kanker pada anak didunia adalah sekitar 4% dan 90.000 kematian anak di dunia disebabkan oleh kanker. Di Indonesia. kanker anak di perkirakan mencapai 11.000 kasus/ tahun , terjadi peningkatan kasus anak dari waktu ke waktu. Tumor Wilms mencakup 5% dari seluruh keganasan pada anak. Sekitar 85% keganasan primer ginjal pada anak adalah tumor Wilms. Asuhan keperawatan pada pasien Tumor Wilms ini untuk mengatasi masalah yang dirasakan salah satunya yaitu nyeri akut. Masalah ini muncul pada pasien karena adanya massa pada ginjal sehingga menyebabkan penekanan pada ginjal dan mengenai saraf renal sehingga mengaktifkan ujung syaraf nyeri yang mengakibatkan penderita akan merasakan nyeri. Ada beberapa cara untuk mengatasi nyeri dan salah satunya tindakan mandiri perawat yaitu dengan memberikan teknik distraksi bermain *puzzle*. Tujuan penulisan Karya Ilmiah ini ntuk memberikan gambaran “Analisis Asuhan Keperawatan Pada An.A Dengan Penyakit Tumor Wilms Yang Diberikan *Edvidance Based Practice* Teknik Distraksi Bermain *Puzzle* Untuk Mengurangi Nyeri Di Ruangan Anak Kronik RSUP Dr.M.Djamil Padang. Penulisan Karya Ilmiah Ners ini dilkaukan pada tanggal 10-23 Juli 2023 di Instalasi Rawat Inap Kronik RSUP DR. M.Djamil Padang. Diagnosa keperawatan yang berkaitan dengan *Edvidance Based Practice* yaitu nyeri akut, setelah dilakukan implementasi asuhan keperawatan dengan memberikan teknik distraksi bermain *puzzle* didapatkan hasil efektifnya teknik distraksi bermain *puzzle* untuk masalah keperawatan nyeri akut. Oleh karena itu, diharapkan adanya asuhan keperawatan dari perawat untuk melakukan tindakan nonfarmakologis terutama distraksi bermain *puzzle*.

Kata Kunci : Nyeri, Teknik Distraksi, Tumor Wilms
Daftar Bacaan : 25 (2014-2023)

NURSING PROFESION STUDY PROGRAM

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Ners Scientific Woek (KIN), September 2023

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Analysis of Nursing Care for An.A with Wilms' Tumor Disease (Nephroblastoma) Given Evidence Based Practice Techniques Distraction from playing puzzles to reduce pain In the Chronic Children's Room at RSUPDr. M Djamil Padang

ix+83 Pages +1Schematic +11Tables +5 Lampiran

ABSTRACT

According to WHO data (2015), the prevalence of cancer in children in the world is around 4% and 90,000 child deaths in the world are caused by cancer. In Indonesia. Child cancer is estimated to reach 11,000 cases/year, there has been an increase in child cases from time to time. Wilms tumor accounts for 5% of all childhood malignancies. Approximately 85% of primary kidney malignancies in children are Wilms tumor. Nursing care for Wilms Tumor patients is to overcome the problems they feel, one of which is acute pain. This problem arises in patients because there is a mass in the kidney, which causes pressure on the kidney and affects the renal nerve, thus activating pain nerve endings which causes the patient to feel pain. There are several ways to deal with pain and one of them is the nurse's independent action, namely by providing distraction techniques by playing puzzles. The purpose of writing this scientific work is to provide an overview of "Analysis of Nursing Care for An.A with Wilms' Tumor Disease Who Was Given Education Based Practice Puzzle Playing Distraction Techniques to Reduce Pain in the Chronic Children's Room at Dr.M.Djamil Hospital Padang. The writing of this scientific work for nurses was carried out on 10-23 July 2023 at the Chronic Inpatient Installation at RSUP DR. M. Djamil Padang. The nursing diagnosis related to Edvidance Based Practice is acute pain. After implementing nursing care by providing the distraction technique of playing puzzles, the results showed that the distraction technique of playing puzzles was effective for acute pain nursing problems. Therefore, it is hoped that there will be nursing care from nurses to carry out non-pharmacological actions, especially the distraction of playing puzzles.

Keyword : Distraction Techniqu, Pain, wilms tumor

Literature : 25 (2014-2023)