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Analisis Asuhan Keperawatan Pada By. Ny. N Dengan Berat Badan Lahir Rendah (BBLR) Yang Di Berikan Evidance Based Practice Pemberian Terapi Musik Klasik Mozart Terhadap Peningkatan Berat Badan Bayi Di Ruang Perinatologi RSUP. Dr. M. Djamil Padang

x + 65 Halaman + 11 Tabel + 5 Lampiran

ABSTRAK

Low birth weight infant atau berat bayi lahir rendah (BBLR) adalah neonatus dengan berat badan lahir pada saat kelahiran kurang dari 2500 gram disebabkan karena lahir kurang bulan atau cukup bulan yang ditimbang dalam 1 (satu) jam setelah lahir. Penderita berat badan lahir rendah (BBLR) di Sumatera Barat yang ditemukan dan di tangani tahun 2018 sebanyak 0,75% dan ini mengalami peningkatan disbanding tahun 2017 yang hanya 0,70%. Tujuan karya ilmiah ners ini yaitu untuk menganalisis apakah pemberian terapi music klasik Mozart berpengaruh terhadap peningkatan berat badan pada bayi BBLR. Metode pada karya ilmiah ners ini adalah penelitian deskriptif yaitu dengan studi kasus. Pengumpulan data dilakukan dengan observasi, wawancara, melihat catatan rekam medis, Tindakan keperawatan dan mengaplikasikan *Evidance Based Nursing* pada bayi dengan BBLR. Hasil setelah dilakukan asuhan keperawatan pada By. Ny. N didapatkan masalah keperawatan yaitu kesiapan pemenuhan nutrisi, hipotermi, gangguan pola tidur. Hasil dari pemberian *Evidance Based Nursing* pada pasien menunjukkan peningkatan berat badan. Hal ini dapat dilihat dari peningkatan berat badan setelah diberikan intervensi. Hal ini berarti menunjukkan ada pengaruh pemberian terapi music klasik Mozart terhadap peningkatan berat badan bayi BBLR. Diharapkan dengan hasil penelitian ini, dapat menjadi masukan dalam membantu bayi dengan BBLR dengan masalah berat badan lahir rendah di bidang keperawatan.

Kata Kunci : BBLR, berat badan neonatus, terapi musik mozart

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Analysis of Nursing Care in By. Mrs. N With Low Birth Weight (LBW) Who Was Given Evidence Based Practice Providing Mozart Classical Music Therapy for Increased Baby Weight in the Perinatology Room at RSUP. Dr. M. Djamil Padang

x + 65 Pages + 11 Tables + 5 Attachments

ABSTRACT

Low birth weight infants or low birth weight babies (LBW) are neonates with birth weights at birth of less than 2500 grams due to preterm or full-term birth which are weighed within 1 (one) hour after birth. Patients with low birth weight (LBW) in West Sumatra who were found and treated in 2018 were 0.75% and this has increased compared to 2017 which was only 0.70%. The purpose of this study was to analyze whether the administration of Mozart's classical music therapy had an effect on increasing body weight in LBW babies. The method in this nurse's scientific work is descriptive research, namely case studies. Data collection was carried out by observing, interviewing, looking at medical records, nursing actions and applying Evidence Based Nursing to LBW babies. Results after providing nursing care to By. Mrs. N found nursing problems, namely readiness to fulfill nutrition, hypothermia, disturbed sleep patterns. This means that there is an influence of providing Mozart classical music therapy on increasing the weight of LBW babies. It is hoped that the results of this study can be used as input in helping LBW babies with low birth weight problems in the field of nursing. This means that there is an effect of giving Mozart classical music therapy to increasing the weight of LBW babies. It is hoped that the results of this study can be used as input in helping LBW babies with low birth weight problems in the field of nursing. This can be seen from the increase in body weight after being given the intervention. This means that there is an effect of giving Mozart classical music therapy to increasing the weight of LBW babies. It is hoped that the results of this study can be used as input in helping LBW babies with low birth weight problems in the field of nursing.

Keywords : LBW, Mozart music therapy, neonate weight

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