

Program Studi S1 Keperawatan

STIKes MERCUBAKTIJAYA PADANG

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Hubungan Pengetahuan Dan Sikap Dengan Pelaksanaan Pemeriksaan Payudara Sendiri (SADARI) di SMAN 12 Padang

X + 68 Halaman + 7 tabel + 13 Lampiran

ABSTRAK

Angka kejadian kanker payudara di Indonesia tahun 2022 sebesar 136.000 orang (16,6%) kasus berada di urutan ke 11 didunia. Kejadian pada usia remaja menempati peringkat kedua prevalensi menurut BKKBN (2017), disamping usia >75 tahun dan 5-14 tahun.

Sangat penting dilakukan deteksi dini kanker payudara dengan melakukan perawatan payudara sendiri. Tujuan penelitian untuk mengetahui hubungan pengetahuan dan sikap dengan pelaksanaan pemeriksaan payudara sendiri pada remaja di SMAN 12 Padang. Jenis penelitian kuantitatif. Penelitian ini dilakukan tanggal 10 dan 11 Agustus 2023 dengan 86 sampel menggunakan teknik *propotional random sampling*. Pengumpulan data menggunakan kuesioner, data dianalisis menggunakan uji *Chi-Square*.

Hasil penelitian didapatkan sebagian besar (72,1%) remaja putri memiliki pengetahuan SADARI yang kurang baik sebanyak 62 responden, sebagian besar (83,7%) remaja putri memiliki sikap SADARI yang negatif sebanyak 72 responden, lebih separoh (65,1%) remaja putri memiliki pelaksanaan SADARI yang kurang baik sebanyak 56 responden.

Didapatkan hubungan pengetahuan dengan pelaksanaan dan didapatkan hubungan sikap dengan pelaksanaan SADARI di SMAN 12 Padang. Diharapkan kepada pihak sekolah agar menambahkan edukasi SADARI ke ekstrakurikuler SKR (sanggar konsultasi remaja), sehingga remaja dapat melakukan deteksi dini secara SADARI.

Kata kunci : Pengetahuan, Sikap, Pelaksanaan Pemeriksaan Payudara Sendiri SADARI

Daftar bacaan: 26 (2017-2023)

Bachelor of Nursing Study Program

MERCUBAKTIJAYA STIKES PADANG

Thesis, August 2023

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The Relationship between Knowledge and Attitudes in the Implementation of Breast Self-Examination (BSE) at SMAN 12 Padang

X + 68 Pages + 7 tables + 13 Appendices

ABSTRACT

The incidence of breast cancer in Indonesia in 2022 is 136,000 people (16.6%) and is in 11th place in the world. The incidence in adolescents is ranked second in prevalence according to BKKBN (2017), besides those aged >75 years and 5-14 years.

It is very important to detect breast cancer early by doing breast care yourself. The aim of the research was to determine the relationship between knowledge and attitudes with the implementation of breast self-examination among adolescents at SMAN 12 Padang. Type of quantitative research.

This research was conducted on 10 and 11 August 2023 with 86 samples using proportional random sampling technique. Data collectors used questionnaires, data were analyzed using the Chi-Square test. Based on the research results, it was found that the majority (72.1%) of young women had poor knowledge of BSE as many as 62 respondents, the majority (83.7%) of young women had negative attitudes towards BSE as many as 72 respondents, more than half (65.1%) adolescent girls had poor implementation of BSE as many as 56 respondents.

There was a relationship between knowledge and implementation and a relationship between attitudes and the implementation of BSE at SMAN 12 Padang. It is hoped that schools will add BSE education to the extracurricular SKR (youth consultation studio), so that teenagers can carry out early detection through BSE.

Keywords: Knowledge, Attitude, Implementation of BSE Self-Examination

Reading list: 26 (2017-2023)