

**Program Studi S1 Keperawatan
STIKes MERCUBAKTIJAYA PADANG
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**HUBUNGAN STATUS GIZI DENGAN KEJADIAN ANEMIA PADA IBU
HAMIL DI PUSKESMAS LUBUK BUAYA**

Vi + 56 Halaman + 5Tabel + 11Lampiran

ABSTRAK

Menurut WHO prevelensi Anemia pada ibu hamil adalah 14% di negara maju dan 51% di negara berkembang. Salah satu faktor yang menyebabkan anemia adalah status gizi. Tujuan dari penelitian ini adalah untuk mengetahui hubungan status gizi dengan kejadian anemia pada ibu hamil di Puskesmas Lubuk Buaya Padang.

Jenis penelitian ini merupakan penelitian analitik. Penelitian ini dilakukan di Puskesmas Lubuk Buaya pada bulan Desember 2022 sampai Agustus 2023 dengan 57 sampel dengan teknik *total sampling*. Pengumpulan data dilakukan dengan menggunakan kuesioner, kemudian data diolah dan dianalisis dengan menggunakan program SPSS.

Berdasarkan hasil penelitian diperoleh lebih dari separoh memiliki status gizi kurang yaitu sebanyak 38 orang (66,7%), lebih dari separoh mengalami kejadian anemia yaitu sebanyak 34 orang (59,6%) dan terdapat hubungan antara status gizi dengan kejadian anemia pada ibu hamil di Puskesmas Lubuk Buaya Padang ($p=0,000$).

Kesimpulan dari hasil penelitian bahwa terbukti terdapat hubungan antara status gizi dengan kejadian anemia pada ibu hamil di Puskesmas Lubuk Buaya Padang dan disarankan bagi Puskesmas hasil penelien ini dapat dijadikan sebagai bahan informasi mengenai kejadian anemia pad aibu hamil trimester III dengan memberikan edukasi tentang pentingnya asupan nutrisi yang sehat selama masa kehamilan.

Kata Kunci : *kejadian anemia, status gizi, ibu hamil, trimester III*

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***The Relationship Between Nutritional Status And The Incidence Of Anemia In
Pregnant Women At The Lubuk Buaya Health Center***

Vi + 56 Pages + 5 Tables + 11 Attachments

ABSTRACT

According to WHO, the prevalence of anemia in pregnant women is 14% in developed countries and 51% in developing countries. One of the factors that cause anemia is nutritional status. The purpose of this study was to determine the relationship between nutritional status and the incidence of anemia in pregnant women at Lubuk Buaya Padang Health Center.

This type of research is analytical research. This study was conducted at the Lubuk Buaya Health Center from December 2022 to August 2023 with 57 samples using total sampling techniques. Data collection was carried out using questionnaires, then the data was processed and analyzed using the SPSS program.

Based on the results of the study, more than half had less nutritional status, namely as many as 38 people (66.7%), more than half experienced the incidence of anemia, which was 34 people (59.6%) and there was a relationship between nutritional status and the incidence of anemia in pregnant women at the Lubuk Buaya Padang Health Center ($p = 0.000$).

The conclusion of the results of the study is that there is a relationship between nutritional status and the incidence of anemia in pregnant women at the Lubuk Buaya Padang Health Center and it is recommended for the Puskesmas the results of this study can be used as information material about the incidence of anemia in third trimester pregnant women by providing education about the importance of healthy nutritional intake during pregnancy.

Keywords: incidence of anemia, nutritional status, pregnant women, third trimester